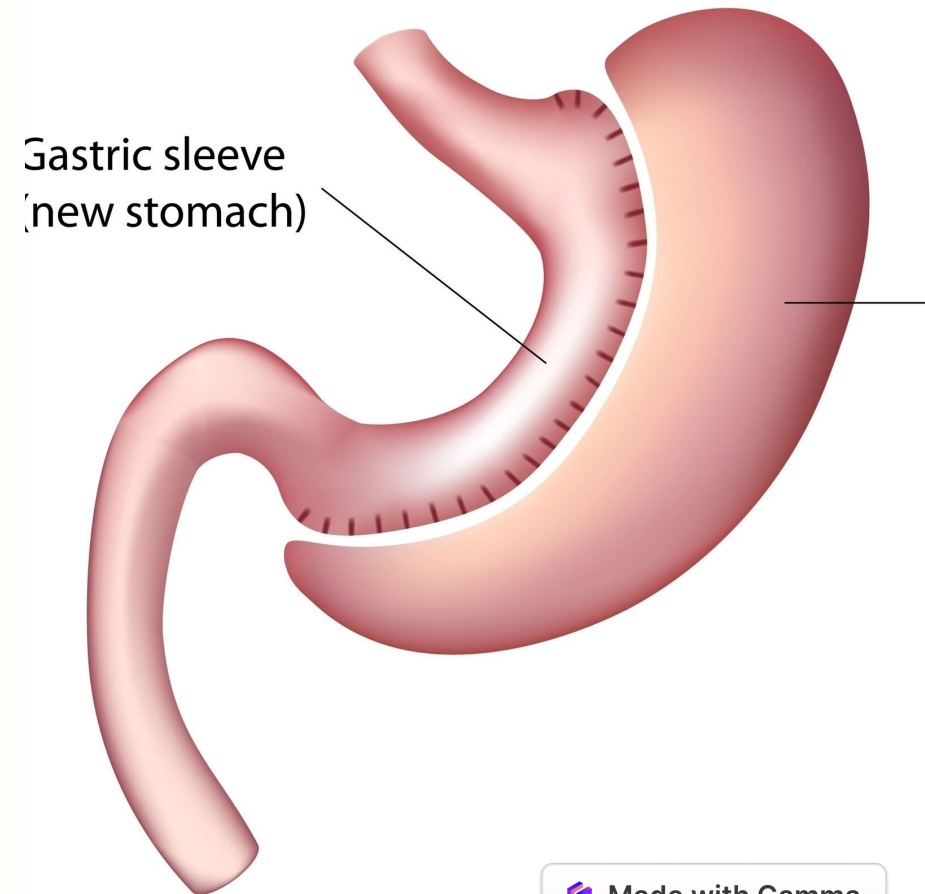


Gastric Sleeve Surgery vs. Gastric Bypass

Learn about the differences between two common bariatric surgeries and how to choose the one best suited for your needs.

By SleeveClinic – [Read Full Post here](#)

Vertical Sleeve Gastrectomy



Gastric Sleeve Surgery

1 Overview

A laparoscopic procedure that removes up to 80% of the stomach, creating a sleeve-like shape that reduces hunger and decreases calorie intake.

2 Pros

Less invasive than gastric bypass, with fewer complications and typically shorter hospital stays. Can lead to significant weight loss.

3 Cons

Cannot be reversed and may require additional surgeries in the future. Can cause acid reflux and other digestive issues.

Gastric Bypass Surgery



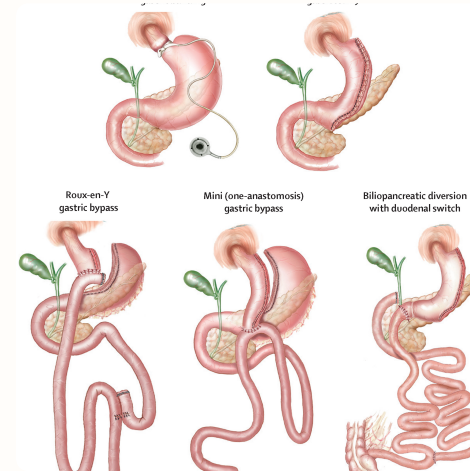
Overview

A procedure that reduces the size of the stomach and reroutes the small intestine to create a shorter path for ingested food, causing malabsorption and calorie reduction.



Pros

Can lead to dramatic weight loss and has been shown to improve or resolve conditions such as type 2 diabetes and high blood pressure.



Cons

More invasive than gastric sleeve surgery, with a higher risk of complications. Can cause malnutrition and dumping syndrome.

Choosing the Right Procedure for You

Anatomic Considerations

The size and shape of your stomach and gastrointestinal tract may impact the effectiveness of each procedure.



Benefits Beyond Weight Loss

Improved Quality of Life

Patients who undergo bariatric surgery often report increased energy, improved mood, and better self-esteem.

Reduced Risk of Related Conditions

Bariatric surgery has been proven to significantly reduce the risk of conditions like heart disease, stroke, and certain cancers.

Long-Term Weight Loss

Patients who follow postoperative guidelines and maintain healthy habits can achieve long-term weight loss and reduce the risk of future weight regain.



Before and After: A Real Patient's Experience

Read the inspiring story of a woman who underwent gastric sleeve surgery and transformed her life, from her weight and health to her confidence and outlook.

The Future of Bariatric Surgery

Endoscopic Sleeve Gastroplasty

A less invasive alternative to gastric sleeve surgery that uses an endoscope to suture the stomach and create a sleeve-like shape.

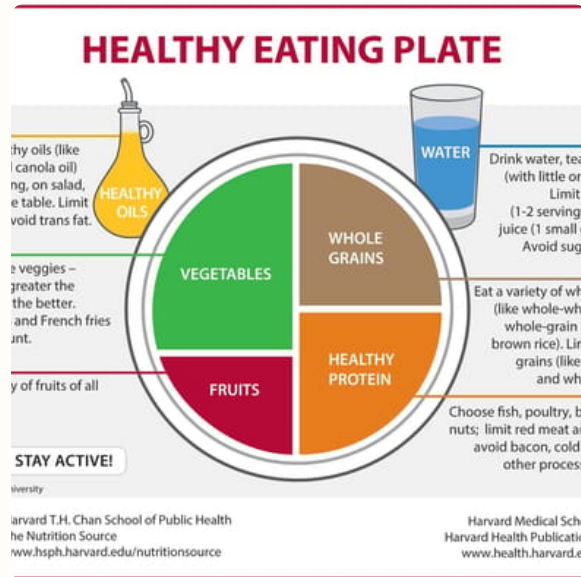
Gastric Balloon

A non-surgical procedure that involves placing a deflated balloon in the stomach and filling it with saline to create a feeling of fullness.

Gastric Banding

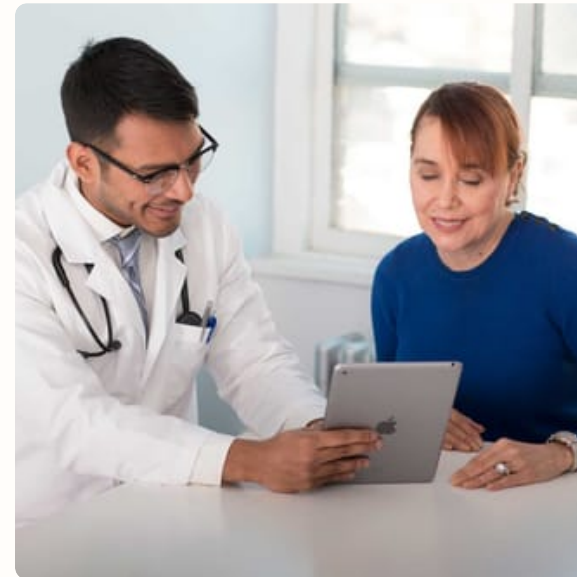
A reversible procedure that places an adjustable band around the upper part of the stomach to limit food intake.

Conclusion



Lifestyle Changes

Regardless of which bariatric procedure you choose, making healthy lifestyle changes is essential for achieving sustained weight loss and improved health.



Consultation

Consult with a qualified [bariatric surgeon in mississauga](#) to determine which procedure is right for you and to learn more about the risks and benefits of each option.